



SAILING INSTRUCTIONS

COWES WEEK 2022

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ABBREVIATIONS AND DEFINITIONS

CWL : Cowes Week Limited.

Regatta : Cowes Week 2022

Regatta Centre : Regatta House, 18 Bath Road, Cowes, Isle of Wight, PO31 7QN.

RRS : World Sailing Racing Rules of Sailing. Note that these Sailing Instructions contain many references to the RRS and competitors are advised to have a copy to hand.

SI's : Sailing Instructions. This booklet, including all appendices and supplements.

RYS : Royal Yacht Squadron.

ONB : Official notice board situated at the Regatta Centre.

Official Website : www.cowesweek.co.uk.

App : The official Cowes Week App, available for download by any competitor from the Apple App Store or Google Play.

Official Programme : the official programme produced by CWL.

EventTV : the Regatta TV station broadcast on big screens around Cowes and online.

References : All references in these Sailing Instructions to a paragraph or page number refer to this Sailing Instructions booklet unless specified otherwise.

Mark ID / Line ID : This is a 2 character ID which identifies a racing mark or finish line. A complete list is shown in Table 5 on pages 10 -11

Black Group consists of the following classes: Cape 31, Club Cruiser, IRC 0-7, Contessa 32, J/109, HP30, Performance Cruiser (Div A, B & C), Quarter Ton, and Sunsail 41.0

White Group consists of the following classes: Daring, Dragon, Etchells, Flying Fifteen, J/70, Seaview Mermaid, Redwing, RS Elite, SB20, Sonar, Sonata, Sportsboats, Squib, Solent Sunbeam, Victory and XOD.

EMERGENCY PROCEDURES

In the event of an incident that involves personal injury or severe illness, or where the boat is in danger and needs assistance, crews should contact Solent Coastguard on VHF Channel 16 (or by telephone via 999). The Coastguard will then initiate the appropriate action.

Emergency Landing

Vessels should land casualties at Trinity Landing off the Parade, unless otherwise directed. This location provides the shortest route to the casualty unit at St Mary's Hospital, Newport, and allows easy access for vehicles.

First Aid Facilities

First Aid Facilities are located at the Regatta Centre, Cowes Yacht Haven, and Cowes Medical Centre on Newport Road. In addition to the normal national 999 telephone number, there is a free number for urgent but non-emergency calls to the NHS, this being 111. This number makes it easier and quicker for patients to get the treatment they need.

USEFUL PHONE NUMBERS.

Regatta Centre : 01983 295744

Protest Office : 01983 248004

Safety Officer : 01983 244848

Text Declarations : 023 8000 1802

SAILING INSTRUCTIONS 2022

1 RULES & SAFETY REGULATIONS

- 1.1 Sentences in italics within these Sailing Instructions are guidance notes for information only.
- 1.2 The Regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.3 The Prescriptions of the Royal Yachting Association (RYA) will apply as set out on page 5.
- 1.4 Appendices within these Sailing Instructions, together with the Supplement referenced in SI 6.1, rank as Sailing Instructions.
- 1.5 Safety equipment regulations will apply as described in the Notice of Regatta (NoR) paragraph 2.3, and detailed in the Safety Booklet.
- 1.6 Changes to Class Rules will apply as set out in the NoR and Appendix F.
- 1.7 Notices to competitors will be displayed on the Official Notice Board at the Regatta Centre and on the Cowes Week website.
- 1.8 **Use of engine or other means of propulsion in accordance with RRS 42.3 (i)**
 - a. In order to avoid the risk of collision with commercial shipping that is under way, a boat may use her engine, or any other means of propulsion, without retiring.
 - b. Such use shall be reported to the Protest Committee at the Protest Office at Regatta Centre, who shall decide what, if any, penalty to award.
 - c. Boats should have an alternative means of propulsion ready for immediate use if there is any possibility of a close quarters situation developing between them and a commercial vessel.
- 1.9 **Amendments to Sailing Instructions (SIs)**
 - a. Amendments will be posted on the Official Website and on the ONB no later than 0830 each day, except that any change to the schedule of racing other than the start line (see SI 6.1) will be posted by 2000 on the day before it will take effect.
 - b. The latest amendment number will be indicated by a signal displayed at the flagstaff at the Royal London Yacht Club on Cowes Parade. The signal will consist of code flag 'L' over a numeral pennant indicating the latest numbered amendment issued.

2 COMMUNICATIONS - VHF, APP & TEXT MESSAGE

- 2.1 For radio channels see Table 1: VHF Communications on page 8.
- 2.2 For use of the App and how to register, see Appendix A1 on page 5.
- 2.3 For use of text messaging (SMS) and how to register mobile phones, see Appendix A2 on page 5.
- 2.4 There will be a skippers' briefing for all classes in the Sugar Store at Shepards Marina at 18:30 on Friday 29 July.
It is strongly recommended that one or two people from each boat attend the briefing.

Information broadcast on Cowes Live is for information and is not an official communication.

3 COURSES

- 3.1 Courses will use marks listed in Table 5 on pages 10-11. Announcements by VHF, text messages and App will include the two-character IDs shown in this table. See also Appendix A - Communications on page 5.

- 3.2 All marks except gates are to be rounded unless specifically identified as passing marks when the words 'pass to port/starboard' (meaning that the mark should be passed on the port/starboard side of the boat) will be used, the text message and the App will use PP/PS instead of RP/RS.
- 3.3 Any mark may be designated as a gate, in which case the following shall apply:
 - a. The mark will be specified in the VHF course announcements as a gate and will show in the App and text message as 'GT'.
 - b. Boats shall pass between the mark and a nearby Committee Vessel displaying code flag 'M'.
- 3.4 **Defined windward leeward courses**
 - a. Defined windward leeward courses may be used for classes starting on the committee vessel lines. These are shown in Diagram 1 on page 9.
 - b. In courses LA, LB, LC & LD, a change to a leg of less than 20° in direction or 300m in length may be made without signalling a change. This changes RRS 33.
 - c. In courses LA, LB & LC, if one of two gate marks is missing and has not been replaced as described in RRS 34 then the remaining mark shall be rounded to port. This changes RRS 34.
- 3.5 The course for the next class to start will be announced on VHF radio. Courses will also be sent by text message and displayed in the App.

4 NAVIGATION RESTRICTIONS & LOCAL BYELAWS

- 4.1 Restrictions in operation during Cowes Week are detailed in Appendix B on page 6.

5 GENERAL POSTPONEMENT

This amends RRS 27.3 and Race Signals.

- 5.1 The display of flags AP over AP accompanied by 2 sound signals means that the next Warning Signal will be not less than 55 minutes after the signal is removed (with one sound signal) and replaced by a single AP flag.
- 5.2 When displayed at the RYS, the signal AP over AP shall apply only to boats scheduled to start at the RYS start line.
- 5.3 When displayed by a committee vessel, signal AP over AP shall apply only to boats scheduled to start at the start line controlled by that committee vessel.

6 THE START - GENERAL

6.1 Starting times and allocation of start lines

- a. The schedule of start times and allocation of start lines will be published in a separate Supplement, which will form part of these SIs, and be available from the regatta office at registration and on the Cowes Week website on July 22nd 2022.
It is intended that the start sequence will follow a very similar format to 2021 with the first start no earlier than 1030 hours each day.
- b. For safety or other reasons, the Race Committee may change the start line for one or more classes. Any such change will be made at least one hour before the start of those classes affected. This information will be promulgated by VHF, text message and within the App.

6.2 SB20 and J/70 classes

On Saturday 30 July, Sunday 31, and Monday 1 August, up to three races for the SB20 and J/70 classes are scheduled, and on Tuesday 2 August up to three races for the J/70 class and two races for the SB20 class are scheduled. On each of these days the second and third races (as applicable) will start from the committee vessel line as soon as possible after the end of the previous race.

6.3 Keeping clear at the start

Boats whose warning signal has not been made shall keep clear of boats whose preparatory signal has been made. An infringement of this rule may not be protested by another boat but may result in a time penalty of 3% being given, without a hearing, by the Race Committee. Subsequent infringements during the Regatta may result in the boat being disqualified by the Race Committee without a hearing. This changes RRS 60.1 and 63.1.

6.4 Start line penalties

- a. If code flag X has been displayed at the start, it will be displayed for four minutes. This changes RRS 29.1.
- b. The Race Committee may maintain a video record of the start sequence. This is for the sole and exclusive use of the Race Committee so that they can verify, in a timely manner, the boats that are to be scored OCS, penalised as the result of a Z-flag penalty or disqualified as the result of a U-flag, or black-flag penalty.
- c. Boats that have been scored OCS or penalised may request the video evidence from the Race Committee be reviewed by submitting a competitor query form at the Regatta Centre Information Office. They will not normally be allowed to view the video themselves but the video will be reviewed by members of the Protest Committee who may confirm or change the OCS or penalty.

6.5 General Recall

If a general recall is signalled after the start signal for one class which was also the warning signal for the next class, the display of flag First Substitute will simultaneously signal the general recall of the first class and the postponement of the start sequence for the second class. Flag AP will not be displayed in addition. First Substitute will be removed one minute before the next warning signal for the recalled class, whose start signal will also be the warning signal for the second class. This changes RRS Race Signals.

7 START LINE DEFINITIONS

7.1 Start Lines

There are six possible start lines:

- a. **RYS Start Line 1**, which is an extension of the line formed by bringing the RYS main flagstaff (80) into line with the white line on the orange diamond on the roof of the RYS. The inner distance mark will be a blue inflatable pillar buoy, and the outer distance mark will be Alpha (8A). Vertical Light Beams SI 8.1 and Direction of the Start SI 8.2 will apply.
- b. **RYS Start Line 2**, which is between the RYS flagstaff (80) and Beta (8B). The inner distance mark will be a blue inflatable pillar buoy. Direction of the Start SI 8.2 will apply but the lights and transit described in SI 8.1 will not apply to classes starting on this line.
- c. **RYS Outer Start Line**, which is an extension of the line formed by bringing the RYS main flagstaff (80) into line with the white line on the orange diamond on the roof of the RYS. The outer distance mark will be Williams Shipping (3W). The inner distance mark will be Alpha (8A). Vertical Light Beams SI 8.1 and Direction of the Start SI 8.2 will apply.

- d. **Committee Vessel 1 Start Line (CV1)**, which is between staffs, each displaying an orange flag, on committee vessels at each end of the line, or between a staff displaying an orange flag on the committee vessel and an outer distance mark. The location of the committee vessel will be announced by reference to the nearest mark.
- e. **Committee Vessel 2 Start Line (CV2)**, which is between staffs, each displaying an orange flag, on committee vessels at each end of the line or between a staff displaying an orange flag on the committee vessel and an outer distance mark. The location of the committee vessel will be announced by reference to the nearest mark.
- f. **Committee Vessel 3 Start Line (CV3)**, which is between staffs, each displaying an orange flag, on committee vessels at each end of the line or between a staff displaying an orange flag on the committee vessel and an outer distance mark. The location of the committee vessel will be announced by reference to the nearest mark.

7.2 Committee Vessel Start Lines

On all committee vessel start lines (SI 7.1 d to f):

- a. Before starting and if possible before the Warning Signal, all boats shall pass close to the stern of the main committee vessel and await acknowledgement that they have been identified.
- b. An inner distance mark may be laid near any of the start line committee vessels and shall rank as a starting mark. After the one-minute signal for each race and before starting and clearing the line, boats shall not cross the line between this inflatable mark (if laid) and the staff with orange flag on the nearby committee vessel. Boats infringing this rule will be scored DNS unless they exonerate themselves by rounding the nearby committee vessel before starting.

8 START LINE AIDS

8.1 Vertical Light Beams

- a. Vertical light beams are installed at the RYS to help identify the start line transit for RYS Start Line 1 and RYS Outer Start Line.
- b. The intensity of the light beam increases as the transit is approached, and at the approximate point of the transit, the flagstaff obscures the lower rear light.
- c. Once the flagstaff obscures the lower rear light, the boat is likely to be over the line and scored OCS.
- d. These lights are a navigational aid only and do not constitute the start line, nor will a start be postponed because of any failure of the equipment.

8.2 Direction Of The Start

- a. For starts on the RYS Start Lines (but not on any committee vessel lines) a signal displayed prior to the first warning signal of the day will indicate the start direction, with a green flag for a start to the west and a red flag for a start to the east. After a postponement, this signal may be changed to reverse the direction of subsequent starts.
- b. This signal will be displayed on a flagstaff at the north-east corner of the RYS Haven for all RYS Lines.

9 SHORTENING

- 9.1 Courses may be shortened at any rounding mark in accordance with RRS 32.2(a). The committee vessel may hold position using her engines.
- 9.2 If not all classes rounding the mark are being shortened at the mark, class flags will be displayed to show which classes are being finished.

10 ABANDONMENT

If code flags 'N over A' with one or more class flags are displayed on the appropriate start line (with 3 sound signals), then only those classes will be abandoned. This changes RRS Race Signals.

11 TIME LIMIT

This changes RRS35, A4 and A5.

- 11.1 Except as indicated in SI 11.2, the time limit will be:
- 1800 for all races from Saturday 30 July to Thursday 4 August.
 - 1700 for all races on Friday 5 August.
 - If the first boat in the class that appears to have sailed the course as required by RRS 28.1 finishes within one hour prior to the time limit, then the time limit for that class will be extended by one hour and announcements will be made on the appropriate VHF channel shown in Table 1 : VHF Communications on page 8.
 - If no boat in a class finishes within the time limit, the race for that class will be abandoned.
 - Boats that do not finish within the time limit will be scored DNF.
- 11.2 Where a class has more than one race scheduled for a particular day, boats in all but the final race of the day not finishing within 30 minutes after the first boat in the class finishes will be scored DNF. At the end of that time, international code flag 'K' over the class flag will be displayed by the committee vessel (and may be accompanied by 5 sound signals).

12 THE FINISH

12.1 Choice of finish line

The finish line to be used will be indicated by the last mark ID of the course. The scheduled finish will normally be at one of the five standard finish lines (SI 12.2) but may be at another mark (SI 12.3).

12.2 Standard finish lines

There are five standard finishing lines:

- RYS Line 1** (81), between the RYS flagstaff (80) and Alpha (8A).
- RYS Outer Line** (89), between Alpha (8A) and Williams Shipping (3W).
- Breakwater Finish Line** (83), between Gamma (8G) and a staff displaying a large blue flag on a committee vessel moored south of this mark. There may be an inflatable inner distance mark close by the committee vessel, in which case boats shall pass to the north of this buoy when finishing.
- Committee Vessel 2 Finish Line**
see Diagram 1 on page 9.
- Committee Vessel 3 Finish Line**
see Diagram 1 on page 9.

12.3 Finishing at other marks

If the scheduled finish is to be anywhere except at one of the five standard lines described above then the line shall be between the mark indicated as the last mark of the course and a staff displaying a blue flag on the finishing committee vessel.

Note: It is intended to use Committee Vessel 1 to finish some classes on most days and this will be done in accordance with SI 12.3.

12.4 Keeping clear after finishing

After finishing, boats shall endeavour to keep clear of all boats that are racing, of all finish lines and shall take extreme care to avoid all commercial shipping.

13 CLASS & BOAT IDENTIFICATION

- 13.1 Boats shall carry all forms of identification (sail numbers, class flags, class numerals and sail number dodgers) as described in the NoR. An infringement of this rule may not be protested by another boat, but may result in a time penalty of 1% being given, without a hearing, by the Race Committee. This changes RRS 60 and 63.
- 13.2 Boats shall ensure that their sail numbers are in a suitable contrast to the sail so as to be easily readable by the Race Committee.

14 TRACKING

- 14.1 For safety and race management purposes, boats while racing shall register, carry and use a CWL approved tracking device, which shall be one of the following:
- An AIS transponder. Competitors shall use their best endeavours to ensure that the device is switched on and transmitting at least once every 5 minutes; or
 - A compatible mobile device running the App. Competitors shall use their best endeavours to ensure that their boat has one or more such devices onboard and operating (*multiple devices are encouraged to ensure compliance with this SI*).
- 14.2 Protests for infringement of SI 14.1 may be brought only by the Race Committee. This changes RRS 60 and 63.

15 RETIREMENT

A boat that retires from a race shall inform the Race Committee as soon as possible by using the App or by VHF (see Table 1 : VHF Communications on page 8).

16 DECLARATIONS

Declarations must be submitted for each race. See Appendix E on page 7.

17 PENALTIES AND PROTESTS

See Appendices C and D on pages 6 & 7.

18 SCORING & DISCARDS

- See the NoR for details about scoring.
- Class Discards : See Table 2 Class Discards on page 8.

19 AMENDMENTS TO CLASS RULES

Details of amendments to SB20 class rules to be used at Cowes Week are shown in Appendix F on page 7.

20 RISK STATEMENT & INSURANCE

Attention is drawn to the Risk Statement and insurance requirements contained in the NoR, and to the Cowes Week Safety Booklet, copies of which can be found on the Official Cowes Week website.

RELEVANT RYA PRESCRIPTIONS TO THE RRS

Rule 5 : Anti-Doping

The national authority procedural rules required to implement the World Anti-Doping Code through ISAF Regulation 21 are the **RYA Anti-Doping Rules**, as published on the RYA website.

Rule 40 : Personal Flotation Devices

When a rule requires a personal flotation devices to be worn, the device shall comply with the specifications for the personal flotation device that the boat is required to carry. If more than one specification applies, the personal flotation device worn shall comply with the highest of them.

Rule 67 : Damages

1. Any issue of liability or claim for damages arising from an incident while a boat is bound by the Racing Rules of Sailing shall be subject to the jurisdiction of the courts and not considered by a protest committee.
2. A boat that takes a penalty or retires does not thereby admit liability for damages or that she has broken a rule.

Rule 78 : Compliance With Class Rules

The Race Committee, or a technical committee, may inspect or measure any **boat** or **personal equipment** at any time. Terms in **bold** are as defined in the Equipment Rules of Sailing.

Appendix R : Procedures For Appeals And Request

R2.1 Submission of Appeal

Rule 2.1 shall apply except as changed by the following:

1. The appellant shall notify RYA Racing stating an intention to appeal within the relevant time limit in rule R2.1. No details are needed at this stage.

2. Within 15 days thereafter, the appellant shall send to the RYA a completed appeal form with a copy of the Protest Committee's decision and other documents listed in rule R2.2, all as far as reasonably possible.
3. Unless the appellant is a personal member of the RYA, an appeal fee, stated on the appeal form, is payable to the RYA and should be sent with the appeal form. The appeal form is available from www.rya.org.uk/go/rules or by request from RYA Racing.

R2.4 Failure to comply with Procedures for Appeal or Request

Add new rule R2.4: If the appellant does not comply with rule R2.1 as prescribed or the Protest Committee does not comply with rule R2.3, the RYA will refuse to hear the appeal unless there are exceptional circumstances. If other parties to the protest or the Protest Committee do not meet the requirements of the procedure, the RYA may decide the appeal as it thinks fit.

World Sailing Regulation 20 Advertising Code

20.2.3 Right to display advertising on a boat

When the right to display advertising on a boat is subject to prior authorisation by the national authority in accordance with regulation 20.2.3.3, the approval of the RYA is automatically granted provided that such advertising is permitted by the relevant rules of the class, rating system or handicapping system.

20.8.2 Fees

When the person in charge of a boat chooses to display advertising the RYA will not impose a fee as permitted by regulation 20.8.2.

APPENDICES

APPENDIX A - COMMUNICATIONS

A1 APP

- A1.1 Competitors may receive courses and other information via the App from the Race Committee. The App also can be used to make a declaration of finished, retired or did not compete.
- A1.2 Use of the App requires registration by an individual crew member using a Registration ID made available to the entrant prior to the event. There is no limit to the number of devices registered to use the App on each boat (*multiple devices are encouraged*).
- A1.3 Failure of this service shall not be grounds for redress.

A2 TEXT MESSAGING

- A2.1 Competitors may receive courses and other information by text message from the Race Committee and may submit compulsory declarations (see Appendix E) by text using a single onboard mobile telephone using a UK service provider. Mobile telephone numbers

for these uses must be notified in writing to CWL by 1800 on Thursday 28 July.

- A2.2 Replacement mobile telephone numbers may be accepted free of charge after the above time at the sole discretion of CWL. Replacement telephones must be notified by 1800 on one day for it to be registered for use by the next day.
- A2.3 Additional mobile telephone numbers may be registered for the reception of courses. These additional mobile telephones cannot be used for submitting declarations.
- A2.4 If there is a postponement after a course has been promulgated by text message, a second text message will only be sent if the course has been changed.
- A2.5 Delays or failure of the text messaging service shall not be grounds for redress.

Competitors are advised to use the App rather than text messaging where possible, as this provides a more comprehensive, timely and easy-to-use service.

APPENDIX B - NAVIGATION RESTRICTIONS

B1 QUEEN'S HARBOUR MASTER PORTSMOUTH AND ABP HARBOUR MASTER SOUTHAMPTON DIRECTION NO. 3/18 AND GENERAL DIRECTION 16/2021

Mariners are advised that the Queen's Harbour Master has made the following General Direction under the Dockyard Port of Portsmouth Order 2005, and that the Harbour Master of Southampton Port has made the following under General Direction 16/2021:

that any incident that reflects on the safe operation of the docks is to be reported immediately. Such incidents are considered to be those that involve:

- a. Damage to vessels.
- b. Movement of or damage to navigational marks
- c. Close quarter situations between two or more vessels, which results in emergency action on the part of the vessels involved.

In these circumstances a report is to be made to the Cowes Week race management without delay, who will liaise with QHM or ABP Southampton as appropriate.

B2 COWES OUTER BREAKWATER

Boats racing shall not pass to the south of the Cowes Outer Breakwater. See Diagram 2 on page 12 of these Sailing Instructions.

B3 RYS OUTER LINE

Boats starting or finishing on the RYS Outer line (89) shall not pass to the south of mark Alpha (8A). Infringements of SI B3 may only be brought by the Race Committee who may initiate a protest.

B4 GOSPORT BOROUGH COUNCIL BYELAWS

While racing, boats shall observe the Gosport Borough Council byelaws relating to the bathing areas off Stokes Bay, an extract of which is reproduced in the Safety Booklet.

B5 ANCHORING

While racing, boats shall not anchor or kedge:

- a. Within the area shown on Admiralty Chartlet 5600-5 and 5600-6 denoting power and gas cables, between Stansore Point and Gurnard Bay.
- b. Within the area of Cowes Fairway bounded by No.1 Harbour Buoy and Alpha (8A) to the west and No.2 Harbour Buoy and Trinity House buoy (3Z) to the east (shown on Diagram 2 on page 12).

B6 COMMERCIAL SHIPPING

B6.1 Boats shall observe the Associated British Ports Southampton (ABP) Harbour Byelaws 2003 (see Safety Booklet) at all times and must avoid any close quarters situation with large commercial shipping. Particular note should be made of Byelaws 10 & 11 and ABP Notice to Mariners No. 8 of 2022 giving details of a moving prohibited zone, which ranks as an obstruction for the purposes of RRS 19 and 20.

B6.2 Boats shall observe the Cowes Harbour Commission (CHC) General Directions and Notices to Mariners and their attention is particularly drawn to local Notices to Mariners (shown in the Safety Booklet).

B6.3 Protests for infringements of B6.1 and B6.2 may be brought only by the Race Committee who may initiate a protest as the result of a report from the vessel affected or one made by either ABP or CHC staff. Additionally, ABP and/or CHC may initiate court proceedings against boats that infringe their byelaws and/or Notices to Mariners. This changes RRS 60.

B7 SMALL CRAFT MOORINGS

B7.1 Boats whilst racing, and in whichever direction they are sailing shall not sail to the south of row J of the Small Craft Moorings as shown in the Cowes Fairway and Restricted Area Diagram 2 on page 12, unless they are proceeding to or from their designated mooring. Row J shall rank as an obstruction for the purpose of RRS 19 and 20.

B7.2 The mooring buoys in row J are large, orange and are the northern most row of laid moorings. In addition the western and eastern end of row J may be marked with large blue racing marks.

APPENDIX C - PENALTIES

C1.1 Time penalties for infringements of Part 2 of the RRS or of RRS 31.

- a. The turns penalties described in RRS44.2 are replaced by a time penalty of 1% being added to the boat's elapsed time.
- b. A boat takes a time penalty by displaying a yellow flag at the first reasonable opportunity after the incident and keeping it displayed until after finishing.
- c. Prior to the first hearing, a boat that did not comply with C1.1.b. may acknowledge an infringement by accepting a time penalty of 3% being added to her elapsed time.
- d. Boats accepting a time penalty must report the infringement(s) in person at the Protest Office at Regatta Centre at the first reasonable opportunity.
- e. A boat that accepts a time penalty may protest with respect to the same incident but her penalty will not be reduced.
- f. A boat that takes a time penalty shall not be penalised further in respect of the same incident unless she failed to retire as required by RRS 44.1(b).

C1.2 Z-flag rule (changing RRS 30.2).

The 20% scoring penalty described in RRS 30.2 is replaced with a 3% time penalty.

C1.3 Black-flag rule (changing RRS 30.4)

The requirement in RRS 30.4 for the Race Committee to display a boat's sail number is replaced by the following: Not sooner than one minute after the start signal, the Race Committee will inform competitors of their disqualification on VHF radio (see Table 1 on page 8 for the channels to be used on each start line).

C1.4 A boat shall not be scored as having finished outside the time limit solely by the application of a time penalty. This changes RRS 44.

C1.5 The level of penalties (other than those penalties specifically defined in these Sailing Instructions) for infringements of rules shall be at the discretion of the Protest Committee and may be disqualification, a time penalty or a warning with no penalty. This changes RRS 64.2.

C1.6 Where these Sailing Instructions allow the Race Committee or Protest Committee to penalise a boat without a hearing, the competitor shall nonetheless be entitled to a hearing upon request. The level of penalty following a hearing may be more severe than that initially imposed.

APPENDIX D - PROTESTS

Changing RRS 60 & 63.1

D1.1 Protests shall be lodged:

- a. In writing at the Protest Office at the Regatta Centre using official protest forms that are available from the same location.
- b. From Saturday 30 July to Thursday 4 August, within two hours after the boat's finishing time in its last or only race of the day, or should the boat not finish, within two hours after entering port.
- c. On Friday 5 August, within one hour after the boat's finishing time, or should the boat not finish, within one hour after entering port.

D1.2 Rating protests and protests relating to alleged non-compliance with one-design rules shall be lodged:

- a. Within 24 hours of the reason for the protest becoming known to the protestor and,
- b. Not later than the end of protest time on Thursday 4 August.

D1.3 Impending protests

- a. A list of impending protests will be available at the Protest Desk at the Regatta Centre and may be repeated on EventTV and on the Official Website. The failure or omission of either of these alternatives shall not be grounds for redress.
- b. A boat that is the subject of a protest shall ascertain the time of hearing at the Protest Office at the Regatta Centre. Note that the telephone number of the Protest Desk is 01983 248004.
- c. D1.3(a) does not relieve protestors from their obligations under RRS 61.1(a), nor protestees from responding properly to being informed.

D1.4 Protests arising from races on Friday 5 August:

- a. Will be heard as soon as possible that day, unless exceptional circumstances prevail.
- b. Protests being heard on this day that may affect a prize winner may be heard before other protests.

APPENDIX E - DECLARATIONS

Changing RRS Appendix A

E1.1 A declaration must be made for each race within 60 minutes of finishing, retiring or when it is known that the boat will not be competing. This time may be extended by the Race Committee at their sole discretion.

Note: For safety reasons, it is particularly important that competitors declare at the earliest opportunity that they will not be competing in a race or that they have retired.

E1.2 If a boat that finishes fails to observe E1.1:

- a. The boat may, within 24 hours of the protest time limit described in D1.1, complete a late declaration form in person at the Regatta Centre stating that the boat sailed the course correctly and complied with all relevant rules. In this case the boat will be given a penalty of 3% of its elapsed time.
- b. If neither a declaration nor late declaration form is completed, the boat will be scored 'No Declaration' (abbreviation NOD) and will receive the same points as if she were DNF. This changes RRS A10.

E1.3 If a boat that retires or does not compete in a race fails to observe E1.1, the boat may be protested by the Race Committee and the Protest Committee will determine what penalty, if any, shall be applied to a subsequent race or overall score.

E1.4 App Declarations

To make a declaration using the App, select "My regatta" from the bottom menu and then "DECLARE" from the top tab. Tap on FINISHED, RETIRED or DID NOT COMPETE, as appropriate. If you are declaring your finish, enter your finish time and the sail numbers of the boat ahead and the boat astern, as prompted. Tap SEND DECLARATION to complete your declaration.

E1.5 Text Declarations

You can also declare by text message. To make a declaration in this way, only the boat's registered mobile phone may be used to send one of the following text messages to 023 8000 1802.

- a. If finishing the race correctly the boat's finish time (hhmm) and the sail numbers of the boat ahead and the boat astern in this format: 1624 GBR1234T K987. UNKNOWN should be entered for either or both sail number(s) if these were not seen.
- b. If the boat retired, send: RETIRED
- c. If the boat did not start the race, send: DNC
- d. IMPORTANT: Wait for a response confirming that your declaration has been received.
- e. If a response has not been received within 10 minutes, the declaration has not been received and the boat will be scored as No Declaration in this race. Another attempt to send the declaration should be made or 01983 295744 should be called to report the declaration problem.

E1.6 If a declaration cannot be made by App or text message, competitors should contact the Regatta Centre on 01983 295744 without delay. Retirement declarations can also be notified by VHF (see Table 1 : VHF Communications on page 8).

APPENDIX F - AMENDMENTS TO CLASS RULES

F1.1 SB20 Class

At the request of the class, there will be neither a maximum crew weight nor a maximum crew number nor a restriction on crew substitution. This changes class rule C3.1 and C3.2.

F1.2 XOD Class

From 00:01 on Friday 29th July until 18:00 on Friday 5th August:

- a. Boats may only be cleaned below the waterline using a long handled brush or bottom floss from on board the boat while afloat, from a pontoon or from an alongside boat or rib.
- b. In compliance with Cowes Harbour Commission General Directions, no swimming or diving around a boat is allowed by an individual wherever the boat is located in the Cowes Harbour area.
- c. Dive cleaning of XOD bottoms by a company or persons with a formal permit from the Cowes Harbour Master is allowed, subject to a maximum of one dive clean in the period specified above.
- d. Hauling out of damaged boats during Cowes Week requires the prior written approval of the Class Captain, such approval to be given retrospectively in the case of an emergency haul out. Boats shall not be cleaned below the waterline during haul out, except as is absolutely essential in the immediate area of the repair.

TABLE 1 : VHF COMMUNICATIONS

TIME OF BROADCAST	FOR CLASSES	VHF CHANNEL	INFORMATION
COMMUNICATIONS BY RACE COMMITTEE			
0850 until the end of the starting sequence on the RYS Line	All Classes	22	<ul style="list-style-type: none"> • General Information about the day's racing • Start lines to be used by each class • For classes starting on an RYS Line, course announcements made approximately 20 minutes before the scheduled start time for each class • General announcements
from 0930 or one hour before the first start, whichever is the later	Classes starting on Committee Vessel 1 Start Line	02	<ul style="list-style-type: none"> • Start lines to be used by each class • Courses • Start Signals
	Classes starting on RYS Lines	03	
	Classes starting on Committee Vessel 2 Start Line	04	
	Classes starting on Committee Vessel 3 Start Line	05	
COMMUNICATIONS BY COMPETITORS			
All Day	All Classes	77	<ul style="list-style-type: none"> • Communications with the Race Committee • Retirements
All Day	All Classes	16	In the event of an emergency competitors should, as normal, use VHF Ch16 to communicate with the emergency services via the Coastguard.

TABLE 2 : CLASS DISCARDS

CLASS	RACES TO COUNT FOR SERIES			NUMBER NOT COMPLETED				
	FROM	TO	TOTAL	0	1	2	3+	6+
Contessa 32	Sat	Fri	7 scores*	2	1	0	0	0
Cape 31, Club Cruiser, HP30, IRC 0-7, J/109, Performance Cruiser A, B, and C, Quarter Ton, Sunsail	Sat	Fri	7 scores*	1	1	0	0	0
Daring, Dragon, Etchells, Flying Fifteen, Mermaid, Redwing, Sonar, Sonata, Sportsboat, Squib, Sunbeam, Victory,	Sat	Fri	7 scores*	1	1	0	0	0
XOD	Sat	Fri	7 scores*	1	1	1	0	0
J/70 (short series)	Sat	Tue	12 races	2	2	1	1	0
J/70 (all week)	Sat	Fri	7 scores*	1	1	0	0	0
SB20 Grand Slam	Sat	Tue	11 races	2	2	1	1	0
SB20 Mini Slam	Wed	Fri	3 scores*	0	0	0	0	0

*Scores : When one race is completed on a day, a boat's 'score' for that day will be her race score. When more than one race is completed on a day, a boat's 'score' for that day will be the average of her individual race scores (this shall not apply to races rescheduled from a different day, which will continue to be scored individually).

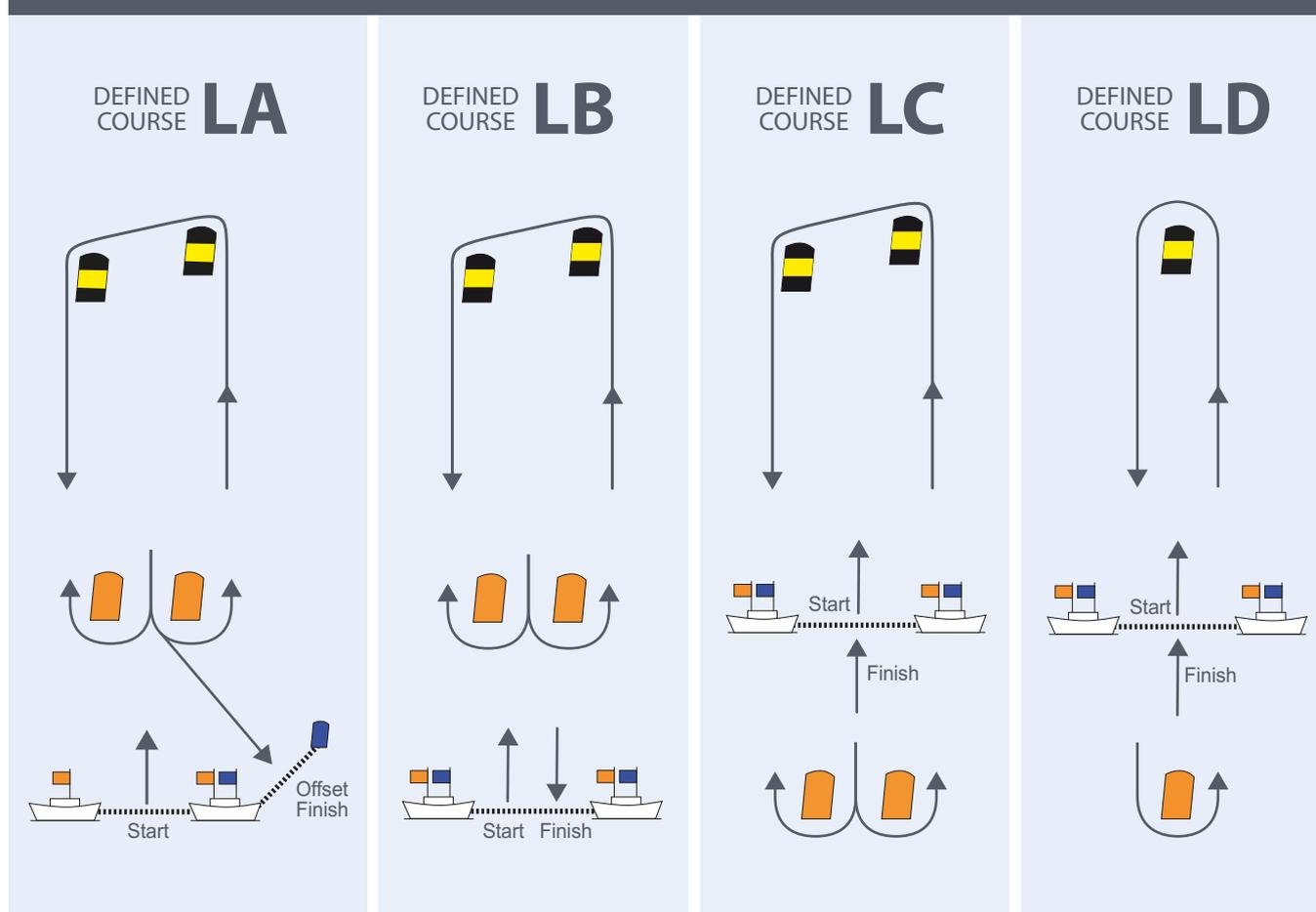
TABLE 3 : SIGNALS MADE ASHORE (LOCATIONS MARKED ON DIAGRAM 2)

SIGNAL AT	RYS	Committee Vessel 1 Start Line	Committee Vessel 2 Start Line	Committee Vessel 3 Start Line
SIGNAL REPEATED ASHORE AT	n/a	RLYC Flagstaff	ISC Flagstaff	RORC Flagstaff

TABLE 4 : CHANGES TO RRS RACE SIGNALS

FLAGS	AP over AP 	N over A 	K over class flag  Class Flag	Green 	Red 
SAILING INSTRUCTION	5	10	11.2	8.2	8.2

DIAGRAM 1 : DEFINED COURSES FOR COMMITTEE VESSEL STARTS



Defined courses for Committee Vessel Starts will be notified to competitors in the following format:

The prefix LA, LB, LC or LD, followed by a number identifying the number of rounds to be completed eg **LB 3**

The bearing and distance to the Windward Mark may be displayed on the Committee Vessel.

Non-defined courses may be set for Committee Vessel Starts, and will be notified to competitors using the 2 character mark IDs detailed in the Racing Marks table on pages 10-11. (Note particularly Zone 9)

TABLE 5 : RACING MARKS

ID	NAME	COLOUR	LATITUDE (N)	LONGITUDE (W)	ID	NAME	COLOUR	LATITUDE (N)	LONGITUDE (W)
ZONE 1 - WESTERN APPROACHES					ZONE 3 - MID-SOLENT (W)				
1A	Peveril Ledge		50 36.41	01 56.10	3A	West Lepe		50 45.24	01 24.09
1B	Poole Bar No 1		50 39.29	01 55.14	3B	Shoosmiths		50 44.36	01 23.80
1C	Stoneways Marine		50 40.31	01 54.02	3C	craftinsure.com		50 45.64	01 23.12
1D	The Rig Shop		50 41 08	01 54 26	3D	Salt Mead		50 44.51	01 23.04
1E	Ledge Buoy		50 41.50	01 41.60	3E	The Boss		50 46.13	01 22.19
1F	Needles Fairway		50 38.24	01 38.98	3F	Elephant Boatyard		50 44.72	01 21.95
1G	South West Shingles		50 39.29	01 37.52	3G	Kilburn & Strode Patents & TMS		50 46.58	01 21.46
1H	Bridge		50 39.63	01 36.88	3H	East Lepe		50 45.93	01 21.07
1J	Shingles Elbow		50 40.37	01 36.05	3K	Lepe Spit		50 46.78	01 20.64
1K	North Head		50 42.69	01 35.52	3L	Gurnard Ledge		50 45.51	01 20.59
1L	Needles Lighthouse		50 39.73	01 35.50	3N	Greenings Payments		50 47.07	01 19.88
1M	Warden		50 41.48	01 33.55	3P	Cowes Yacht Haven		50 45.68	01 19.98
1N	North East Shingles		50 41.96	01 33.41	3Q	Royal Cork		50 45.97	01 19.45
11	East Hook		50 40 58	01 55 23	3R	North East Gurnard		50 47.06	01 19.42
ZONE 2 - WESTERN SOLENT					3S	TackGybeSet		50 47.81	01 19.25
2A	Chewton Glen		50 42.79	01 32.53	3T	Cowes Harbour		50 46.09	01 18.70
2B	Dunford		50 43.38	01 31.54	3U	Gurnard		50 46.22	01 18.84
2C	Colten		50 43.83	01 30.86	3V	West Bramble		50 47.20	01 18.65
2F	Berthon		50 44.20	01 29.22	3W	Williams Shipping		50 47.20	01 18.55
2H	Draycott's		50 44.30	01 28.16	3X	Donna		50 46.10	01 18.43
2J	Zwerver		50 45.11	01 27.34	3Y	West Knoll		50 47.43	01 17.84
2K	Cowes Radio		50 44.83	01 26.09	3Z	Trinity House Buoy		50 46.31	01 17.75
2R	Powder Byrne		50 45.43	01 25.89	30	RORC		50 47.12	01 17.72
2T	Lymington Bank		50 43.10	01 30.85	31	South Bramble		50 46.98	01 17.72
2V	"V"		50 43 30	01 31 30	33	Prince Consort		50 46.41	01 17.56
2X	Solent Bank		50 44.23	01 27.37	34	Cowes Corinthian		50 46.15	01 17.20
20	Sconce		50 42.53	01 31.43	39	Snowden		50 46.20	01 17.75
21	Black Rock		50 42.57	01 30.59	ZONE 4 - MID-SOLENT (E)				
22	Charles Stanley		50 42.86	01 29.40	4B	Coronation		50 49.55	01 17.62
24	Hall Hunter		50 42.86	01 28.42	4C	Fumesy		50 49.21	01 17.46
25	Caldwells Estate Agents		50 43.15	01 27.49	4E	Jane		50 47.67	01 17.00
26	Hamstead Ledge		50 43.87	01 26.18	4F	Royal Thames		50 47.20	01 17.00
27	Generation		50 42.97	01 28.16	4G	Cutter		50 49.45	01 16.91
					4H	East Knoll		50 47.96	01 16.83
					4J	hamblewinterseries.com		50 48.63	01 16.65
					4K	Royal London YC		50 46.15	01 16.65

TABLE 5 : RACING MARKS

ID	NAME	COLOUR	LATITUDE (N)	LONGITUDE (W)	ID	NAME	COLOUR	LATITUDE (N)	LONGITUDE (W)
4L	William		50 49.03	01 16.49	ZONE 6 - EASTERN APPROACHES				
4M	Hill Head		50 48.07	01 16.00	6A	No Man's Land Fort		50 44.40	01 05.70
4N	YachtDataBank		50 47.27	01 15.90	6B	Horse Sand Fort		50 45.01	01 04.34
4P	West Ryde Middle		50 46.48	01 15.79	6C	Warner		50 43.87	01 03.99
4Q	John Fisher		50 48.46	01 15.72	6D	Horse Elbow		50 44.26	01 03.88
4R	Darling Buoy		50 49.18	01 15.71	6E	West Princessa		50 40.16	01 03.65
4S	Royal Southern		50 48.86	01 15.43	6F	Bembridge Ledge Buoy		50 41.15	01 02.81
4T	Norris		50 45.97	01 15.51	6G	St Helens Buoy		50 43.36	01 02.41
4U	Goodall Roofing		50 46.43	01 15.09	6H	Dean Elbow		50 43.69	01 01.88
4V	Hamble Yacht Services		50 48.13	01 14.64	6J	Nab East		50 42.86	01 00.80
4W	Ancasta		50 47.33	01 14.59	6K	Horse Tail		50 43.23	01 00.23
4X	Colette		50 45.53	01 14.39	6L	Winner		50 45.10	01 00.10
4Y	North Ryde Middle		50 46.61	01 14.31	6M	Nab End		50 42.63	00 59.49
4Z	South Ryde Middle		50 46.13	01 14.16	6N	Dean Tail		50 42.99	00 59.17
40	Howden Insurance		50 47.66	01 13.65	6P	New Grounds		50 41.84	00 58.49
41	East Bramble		50 47.23	01 13.64	6R	Nab Tower		50 40.08	00 57.15
42	Peel Bank		50 45.49	01 13.35	6S	Outer Nab No 2		50 38.43	00 57.70
43	Little Ship Club		50 46.16	01 13.09	ZONE 8 - CW SPECIFIC MARKS				
44	Royal Yacht Squadron		50 47.31	01 12.10	8S	Laid mark 8S		50 45.72	01 14.95
45	South East Ryde Middle		50 45.93	01 12.10	8X	Laid mark 8X		50 47.47	01 12.90
46	North East Ryde Middle		50 46.21	01 11.88	8J	Laid mark 8J		50 45.20	01 25.00
47	Contessa 32 Class		50 47.70	01 15.25	8K	Laid mark 8K		50 44.90	01 21.70
48	Paul Heys		50 48.21	01 16.68	8A	Alpha		50 46.29	01 18.13
ZONE 5 - EASTERN SOLENT					8B	Beta		50 46.29	01 18.30
5A	Quarr		50 45.03	01 11.89	8G	Gamma		50 46.25	01 17.62
5B	Motherbank		50 45.49	01 11.21	80	RYS Flagstaff		50 46.004	01 18.055
5C	Browndown		50 46.57	01 10.95	81	RYS Line 1		off RYS Castle	
5D	Kemps Quay		50 45.18	01 09.65	82	RYS Line 2		off RYS Castle	
5E	Greenings FinTech		50 46.26	01 08.76	88	Breakwater Finish Line		n/a	
5F	North Sturbridge		50 45.33	01 08.23	89	RYS Outer Start / Finish Line		n/a	
5G	Baker Trayte Marine		50 46.42	01 07.90	8W	Laid Windward Mark		n/a	
5J	KB Dry Stack		50 46.61	01 07.29	8Z	Gate: South Bramble (31) to Prince Consort (33)		n/a	
5M	Gleeds		50 46.11	01 06.52	ZONE 9 - DEFINED COURSE MARKS (SEE DIAGRAM 1)				
5N	Mary Rose		50 45.80	01 06.20	9A	Windward mark			
5Q	Outer Spit		50 45.44	01 05.46	9B	Windward Spreader Mark			
50	Fairhall West		50 46.81	01 10.40	9C	Leeward Mark			
51	SBSC Central		50 46.60	01 09.85	9D	Leeward Gate			

DIAGRAM 2 : COWES FAIRWAY AND RESTRICTED AREA

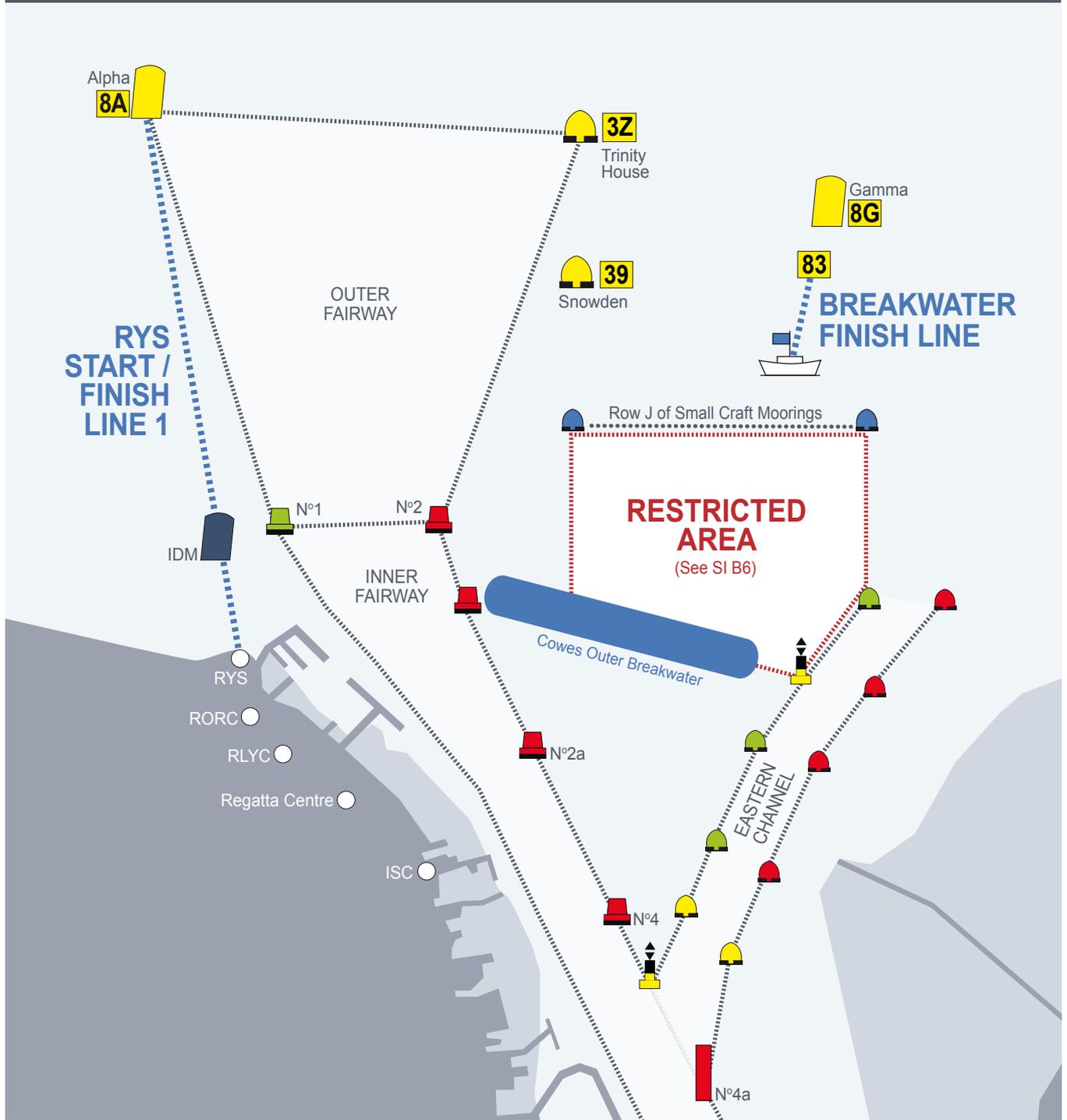
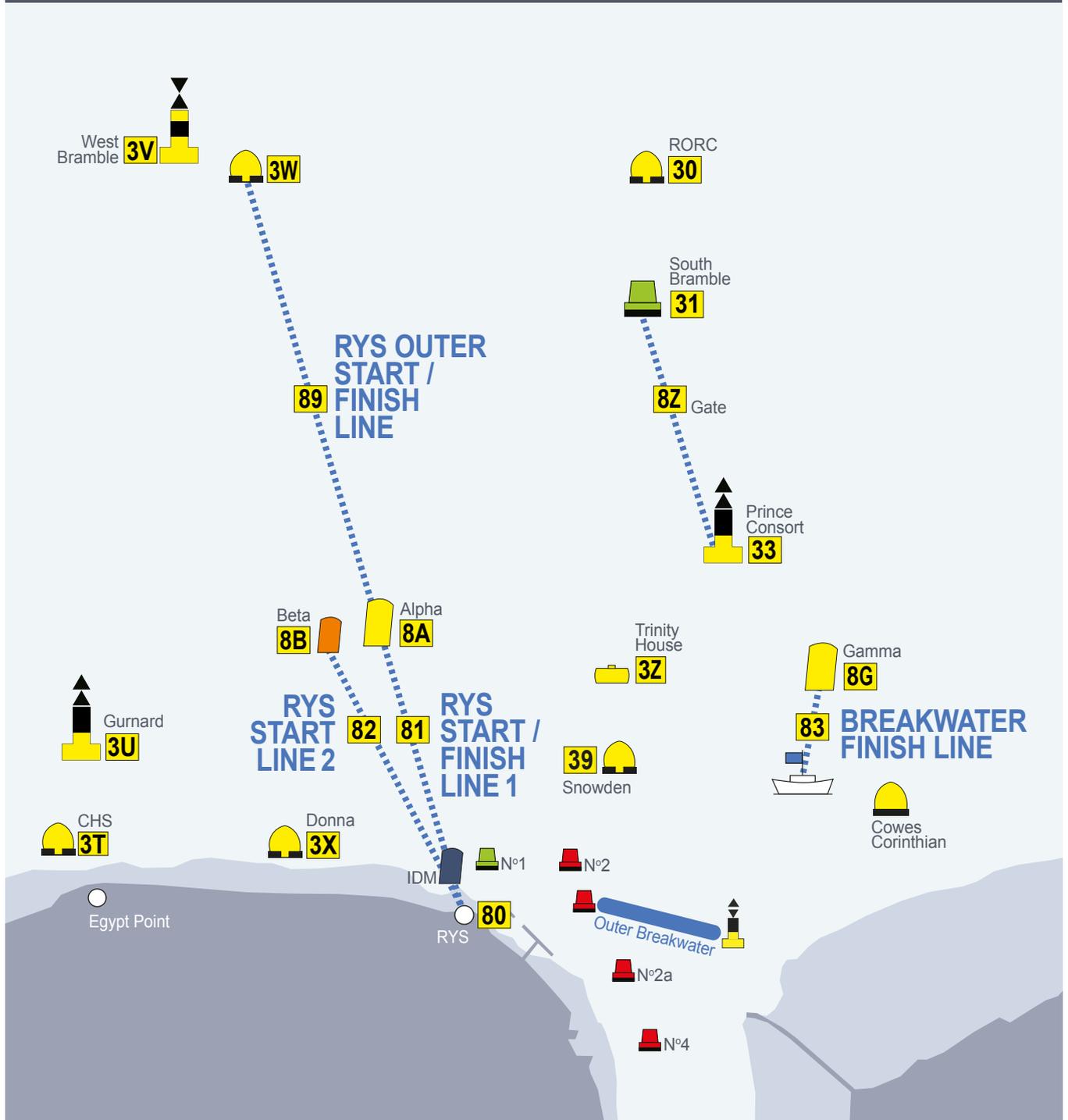


DIAGRAM 3 : START & FINISH LINES



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